

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Most compassionate the Most Merciful In an age where the pressure to succeed on every level is overwhelming, one can often prioritise practical needs before one's spiritual well-being.

Working within the limits of shariah ,parenting ,socialising.....is all part of our Islam, and no matter how busy our lives are, we can always make the time to develop weekly spiritual goals that can be nurtured and shared insha'Allah. As Muslims, we should always be conscious of effective time management and accountability to Allah Ta'ala. May all our days be filled with the richness, beauty and contentment that only Islam has to offer, Aameen.

Let us get started on our first spiritual goal and be inspired for many more weeks to come.

GOAL NO.1

Monitor The Punctuality Of Each Salaah

Our Nabi (saw) says that: Salaah is the pillar of deen. He who upholds salaah has upheld Islam and he who leaves salaah has left behind religion. (Al-baihaqi)

The Holy Prophet صلى الله تعالى عليه وسلم has said, 'On the day of judgement the first action that a man will be asked about is Salaah. If it is fulfilled he will succeed but if it is incomplete, he will be disappointed and will be in loss' (Kanz-ul-Ummal)

Salaah is one of the five pillars of Islam. It is a way for us to keep a close connection with our Creator. According to a Hadith, Yet another Hadith mentioned in Bukhari states "A companion of Nabi (saw) came to him one day and asked him "What is the thing that Allah loves most?" Nabi (saw) replied "The thing that Allah loves most is when His people pray salaah on time."

Despite this, so many of us do not make salaah on time, or even miss salaah completely. There is no excuse for this. Alhamdulillah, we even have prayer rooms at the universities, shopping malls and airports. Imagine how Allah, the most merciful, appreciates when His servant turns to Him in prayer, interrupting all worldly duties. Whoever is mindful of his Salaah, Allah makes his day easier and facilitates his needs in this world and also in the hereafter. May Allah strengthen our determination and steadfastness in performing our salaah and may we grow closer to our Creator through salaah. Ameen.

Imam Ahmad R.A Advised: Whatever Good You Are Able To Do Then Do It Immediately; Perhaps You Will Not Be Able To Tomorrow. And Do Not Postpone Today's Deeds For Tomorrow, Perhaps When Tomorrow Will Come, You Will Be No More.