

Points to Ponder

Excerpts from the 18th Juz of the Quran

[Ayah 1-11] Most certainly those Believers have attained true success who perform their Salaah with devotion/ humility: who refrain from vain things who spend their Zakaah dues in appropriate ways: who guard their private parts scrupulously, except with regard to their wives and those women who are legally in their possession, for in that case they shall not be blame-worthy, but those, who go beyond this (in lust for sexual desires), are the transgressors. Those who are true to their trusts and their promises, and who strictly guard their Prayers. These are the heirs who will inherit Paradise and dwell therein for ever.

Allah Ta'alaah explains the characteristics of the Believers. We'll discuss two:

1. *who perform their Salaah with devotion/ humility*

How do we gain concentration in Salaah?

Remember, we are not required to attempt to visualise Allah Ta'alaah as HE is beyond comprehension, but at the least we should concentrate on:

- Performing every posture correctly
- concentrating on what we recite in Salaah, by paying attention to every letter and it's pronunciation.
- Thereafter, make an attempt to begin to learn the translation of what we recite in the Salaah

2. *who guard their private parts scrupulously.*

Quran is very clear in respect to how we fulfil this appetitive need or desire of ours. Since we are human beings with certain lust, urges and desires, such as eating, drinking and sexual gratification, the Quran does not tell us to continuously suppress or repress this urge. Instead we are told how to fulfil this desire. Now in respect to our sexual inclination, fulfilment of this with ones spouse is allowed and in fact rewarded. Beyond ones Islamically legal partner we are not allowed to gratify ourselves. Self gratification or Masturbation is not allowed in Islam. Rasulullah Sallallahu alaihi wasallam is reported to have said: "Seven people will not be spoken to neither will Allah cast a gaze of mercy upon them on the Day of Qiyamah, one amongst them is the one who "marries his hand". i.e. masturbates [Kanzul Ummaal]

Now if this sin has become a habit then the way to rid oneself is :

- ⇒ To ask Allah sincerely for forgiveness with a determination not to do it again.

- ⇒ Set a penalty upon oneself in the unfortunate event of falling back into it.
e.g. Give a sadaqah every time one slips.
- ⇒ Check and observe when it is more likely to occur, e.g. when one is alone, when one is about to go to bed, when we wake up in the morning etc... now try and avoid spending any additional time in those circumstances .
Occupy oneself.
- ⇒ If driven to commit the act read

رَبَّنَا أَفْرِغْ عَلَيْنَا صَبْرًا وَتَوَفَّنَا مُسْلِمِينَ

Rabbanaa afrigh alaynaa sabraw wa tawaffanaa muslimeen

**Any one ill, in a coma, cannot speak neurological conditions?? or any illness??
Read these verses in their ear.**

أَفْحَسِبْتُمْ أَنَّمَا خَلَقْنَاكُمْ عَبَثًا وَأَنَّكُمْ إِلَيْنَا لَا تُرْجَعُونَ ﴿١٣٥﴾
 فَتَعَلَى اللَّهِ الْمَلِكُ الْحَقُّ ﴿١٣٦﴾ لَا إِلَهَ إِلَّا هُوَ رَبُّ الْعَرْشِ الْكَرِيمِ ﴿١٣٧﴾
 وَمَنْ يَدْعُ مَعَ اللَّهِ إِلَهًا آخَرَ لَا بُرْهَانَ لَهُ بِهِ فَإِنَّمَا حِسَابُهُ عِنْدَ رَبِّهِ
 إِنَّهُ لَا يُفْلِحُ الْكَافِرُونَ ﴿١٣٨﴾ وَقُلْ رَبِّ اغْفِرْ وَارْحَمْ
 وَأَنْتَ خَيْرُ الرَّاحِمِينَ ﴿١٣٩﴾

Ibn Mas'ud رضي الله عنه came across a person who was very ill and could not talk. He recited the above verses into the sick man's ears and he was cured immediately. The Holy Prophet صلى الله عليه و سلم asked him what he had whispered in the sick man's ears to

which Sayyidna 'Abdullah Ibn Mas'ud رضى الله عنه replied that he had recited these verses (115 to 118) in his ears. Thereupon the Holy Prophet صلى الله عليه وسلم said, "I swear by Him Who has power over my life that if a person with genuine faith were to recite these verses on a mountain, the mountain itself may move from its place". [Ibn Katheer]

Surah Noor

Rumour Mongering

Why did the believing men and women, upon hearing this, not think good of their people and say, “This is clearly slander?” (Surah Nur 24:12)

This verse was revealed when our beloved mother Ayesha (RA) was slandered on Zina and some of the companions of the prophet (pbuh) believed and spread this slander. Sadly, it seems that many Muslim have forgotten this incident and the verses revealed upon it, including the warning, “Allah admonishes you never to repeat a mistake like this if you are truly believers,” (24:17) As it seems slander has become loose on the tongues of some Muslims, even against righteous people by other learned people.

As a Muslim , remember we advocate the idea “innocent until without a shadow of doubt proven guilty”.

Etiquette of entering someone’s home

Ayah 27 :O ye who believe! Enter not houses other than your own without first announcing your presence and invoking peace upon the folk thereof. That is better for you, that ye may be heedful.

'Ata Ibn Yasir (رضى الله عنه) narrates:

"A man asked the Messenger of Allah (صلى الله عليه وسلم) 'Should I seek permission to enter my mother's room?' The Prophet (صلى الله عليه وسلم) answered 'Yes'. The man said, ' We live together in the same house'. The Messenger of Allah (صلى الله عليه وسلم) said 'Ask permission to join her'. The man argued 'But I serve her!' The Prophet (صلى الله عليه وسلم) said 'Ask for permission. Would you like to see her naked?' The man

replied 'No'. The prophet (صلى الله عليه وسلم) said 'Then ask for her permission before entering'. [Bukhari]

If no one replied or excused themselves then should I continue knocking incessantly till they open???

NO, we are not allowed to.

*Allah says : And if you do not find anyone therein, do not enter them until permission has been given you. And if it is said to you, **"Go back," then go back; it is purer for you.** And Allah is Knowing of what you do.*