

	Compulsory Acts of Ghusl/Shower	Notes
1	Gargle/ rinse the mouth thoroughly	
2	Put water into the nostrils	
3	Pour clean water over the entire body so that not a single part/hair remains dry	

Memo for the week

Suratul Fatihah

with Ta'awwudh & Tasmiyah

**A'udhu billahi minash shaytawnir
rajeem**

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

I seek the protection of Allah from Satan the rejected one

Bismillahir Rahmaanir Raheem

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

I begin with the (help of) name of Allah the all-Merciful, the Most-Merciful.

Alhamdulillahil Rabbi alameen

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

All praises/thanks/credit are for Allah the Sustainer of the worlds

Ar-Rahmaanir Raheem

الرَّحْمَنِ الرَّحِيمِ

The All-Merciful, the Most-Merciful

Maaliki yowmid deen

مَلِكِ يَوْمِ الدِّينِ

Owner of the day of judgement

Iyyaka na'budu wa iyyaka nasta een

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

You only do we worship and You only do we ask for help

Ihdinas siraw tal mustaqeem

إِهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Guide us on to the straight path

Siraw tal ladheena an amta alayhim

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ

The path of those who You have bestowed favours upon

**Ghayril magh dhoobi alayhim waladh
Dhawl leen**

غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

Those who do not incur Your anger and neither are they astray

Practical Salaah pt. 1/3

Notes

Standing posture

Poise: feet, back, head. **Pose :** hands, feet, shoulders

1 Takbeer {raising the hands when saying Allahu Akbar}
Recitals in standing posture

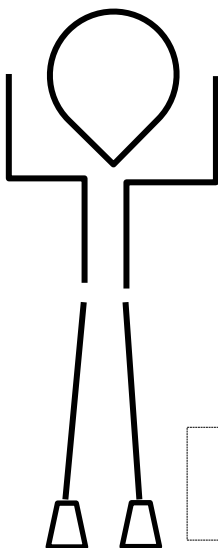
Raising the Hands: Palms, fingers, when to raise
Tying the hands: (palms, fingers , placement)
Gaze : where?

Right on left

What to read & when to read

2 Bowing (ruku')

Posture: back, head, arms, knees, feet.
Gaze: where?
What to read?
How many times?



- Head straight
- Gaze towards place of prostration
- Raise hands till earlobes
- Palms facing Qiblah
- Fingers *normal*

Feet should be Shoulder breadth/
four fingers apart

H & H (halaal & haraam)

Social: Any relationship which is sexual or involves intimacy out of wedlock is prohibited.

Within wedlock intimacy is allowed and rewarded with ones legal spouse.
(conditional)

2nd valuable advice to Jabir (may Allah be pleased with him)

“Do not disregard any good deed”

TEST YOURSELF

1	When is blood regarded as an impurity? A:	
2	What are the two major principles regarding which break the wudhu? 1) Any impurity 2) Anything that	
3	Which of the following are compulsory in wudhu? Circle the correct ones. <div style="display: flex; flex-wrap: wrap; justify-content: space-around;"> <div style="width: 25%;">1) Washing the wrists</div> <div style="width: 25%;">2) Washing the entire face</div> <div style="width: 25%;">3) Washing the arms incl. elbows</div> <div style="width: 25%;">4) Wiping the whole head with wet hands</div> <div style="width: 25%;">5) Gargling</div> <div style="width: 25%;">6) Read the prayer</div> <div style="width: 25%;">7) Washing the ears</div> <div style="width: 25%;">8) Washing the feet incl. the ankles</div> <div style="width: 25%;">9) Putting water into the nostrils</div> <div style="width: 25%;">10) Wiping a ¼ of the head with clean wet hands</div> <div style="width: 25%;">11) washing the arms excl. elbows</div> </div>	
4	Does breaking wind , require a person to do a Ghusl (bath)?	
5	True or False? Sleeping & falling unconscious nullifies wudhu.	
6	3 things are compulsory when taking a bath. What are they? 1. 2. 3.	
10	Besides prayer, when else do we require to have wudhu? 1) 2)	